



# Herbal Beauty for Healthy Living

*Margaret Roberts*

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*Margaret Roberts*

## **Herbal Beauty for Healthy Living** Margaret Roberts

This book is a must for anyone interested in creating simple, inexpensive, easy-to-make and effective products for skin and hair care as well as general beauty and health. It is full of recipes and ideas that have been developed and perfected over many years. The recipes make use of natural ingredients such as herbs, fruits and flowers that can be grown easily in our own gardens.

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