

Doctor, What Should I Eat?: Nutrition Prescriptions for Ailments in Which Diet Can Really Make a Difference

Isadore Rosenfeld Md



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One of America's most trusted physicians and the bestselling author of the blockbuster The Best Treatment prescribes the right foods to treat or prevent scores of health-care problems, from asthma, ulcers, and infertility to Alzheimer's, CFS, and Parkinson's disease. Nutrition tables throughout. Index.

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