



North Indian Cooking

Devagi Sanmugam

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Flavorful and aromatic, Indian food boasts many health benefits in addition to being delicious. Indian cooking is known worldwide for its use of diverse and distinctive spices, creating colorful and flavorful dishes. Northern Indian cuisine is characterized by its use of spices, dairy, and wheat based staples. *North Indian Cooking* contains everything you need to create over 40 easy and authentic north Indian favorites. This cookbook contains instructions for a wide variety of breads, chutneys, salads, desserts, seafood, meat, poultry, rice, soup, and vegetables. Recipes include:

- Tandoori Naan
- Ketchumbar
- Sweet lassi
- Prawn biryani
- Chicken tikka
- Saffron rice
- Yoghurt soup
- Fragrant dal curry
- And many more!

Also included are unit conversion tables, dual measurements, over 35 clear photos, and an overview of basic north Indian ingredients for creating authentic and appetizing Indian favorites. Each recipe includes cook time, prep time, and serving sizes. Enjoy!



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Karen Bergeron:

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