

Shifting Gears To Your Life & Work After Retirement: A Boomer's Roadmap to Transform Retirement into the Best Time of Your Life, Created by Two Boomers Who Did It

Carolee Duckworth, Marie Langworthy



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Thirty years retired makes for a VERY long vacation. So... what's a 55+ Boomer to do? Arguably this next could be your BEST life passage. But first you will need to "shift gears," rediscover your SELF, then redesign a retirement life and work that will:

- Engage your energy and vitality,
- Stimulate your mind,
- Enhance your physical capabilities, and
- Keep you involved, relevant and productive for the next three or more decades...
- BUT without tying you down completely, nose to the grindstone, as you were during your pre-retirement work life.

Shifting Gears to Your Life and Work After Retirement is for and about all of us Baby Boomers who are entering this "New Retirement Frontier," knowing that we will need to invent this extended adventure for ourselves. Use this book to design your own next phase---your "what comes next" after retirement---your post-retirement career. Then pass it on to all those others you know who want to do the same.

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Larry Munoz:

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Todd Voss:

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Ricardo Kiernan:

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