



# The Wisdom of Birch, Oak, and Yew: Connect to the Magic of Trees for Guidance & Transformation

*Penny Billington*

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Tune into the wisdom of three trees sacred to Druids—birch, oak, and yew—and use their powerful lessons and natural gifts to transform your life. Written by a Druid with more than twenty years of practical experience, *The Wisdom of Birch, Oak, and Yew* will guide you through a one-of-a-kind journey of magical self-discovery. Its unique invitation: change your perspective by “being as a tree” and consider yourself in light of the qualities of our arboreal friends.

Engage with the spirit of each tree and explore its relationship to the stages of your life and the rhythm of your days. Experience within yourself each tree’s positive attributes, gain perspective by taking on each tree’s role as “witness,” and find respite from the frenetic pace of modern life.

## **Praise:**

“Wise, inspiring, and entertaining, this is a profoundly practical book about nature’s magic and how it supports our personal development. I warmly recommend it.”—Dr. William Bloom, author of *The Power of Modern Spirituality*

“A very fine book on the deep magic of the trees. Penny Billington shows us how these trees function as guides and initiators, teachers and friends and along the way gives us a first rate introduction to working with the energies of the land to promote healing and new life.”—Ian Rees, Psychotherapist, Trainer, and Program Director of the Annwn Foundation

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