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# Insight into Helping Survivors of Childhood Sexual Abuse <br> Wendy Bray, Heather Churchill 

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# Insight into Helping Survivors of Childhood Sexual Abuse 

Wendy Bray, Heather Churchill

## Insight into Helping Survivors of Childhood Sexual Abuse Wendy Bray, Heather Churchill

Based on the Waverley Abbey Insight Day to help adult survivors of childhood sexual abuse led by Heather Churchill, this book will this book will help those accompanying others on their journey of disclosure and subsequent recovery and healing, and offers understanding to those working through issues of sexual abuse in their own life, using real-life illustrations, biblical insight and counselling theory. Each chapter ends with a reflection and a prayer.

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