



Play Better Tennis in Two Hours

Oscar Wegner, Steven Ferry

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Can tennis really be this simple?

Just ask the dozens of world-class players who have made it to the top using Oscar Wegner's groundbreaking approach. But if playing tennis isn't so easy for you, if you never seem to play up to your potential, don't blame yourself?blame the coach who taught you a lot of uselessly complex techniques. *Play Better Tennis in 2 Hours* is your guide to tennis as the pros play it?more intuitive, more fluid, and more fun. World-renowned tennis coach and ESPN commentator Oscar Wegner shows you how to focus your efforts on one thing?hitting the ball correctly. Your own natural athleticism will take care of everything else. Follow the simple drills in this power-packed handbook, and you'll learn how to:

- Move to the ball efficiently and fluidly
- Stop worrying about foot position and stance
- Hit every stroke harder and more accurately
- Put a wicked topspin on your forehand
- Master both one- and two-handed backhands
- Combine control and power on your volleys
- Put more speed and spin into your serve and more punch in your return

"Known and respected all around the world, Oscar has given us another great contribution to tennis with this book."?Gustavo Kuerten, three-time French Open champion

"Oscar has broken the mold, demystifying the modern tennis stroke. There's genius in his analysis of pro techniques?the dynamics of what the racquet does to the ball, how power and spin are added. He understands how top pros really stroke the ball, and always have, all the way back to Tilden."?Andy Rosenberg, Director for NBC Sports Wimbledon and French Open

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