



## Lifespan Development of Human Memory (MIT Press)

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Until recently, the vast majority of memory research used only university students and other young adults as subjects. Although such research successfully introduced new methodologies and theoretical concepts, it created a bias in our understanding of the lifespan development of memory. This book signals a departure from young-adult-centered research. It views the lifespan development of memory as a continuous process of growth and loss, where each phase of development raises unique questions favoring distinct research methods and theoretical approaches. Drawing on a broad range of investigative strategies, the book lays the foundation for a comprehensive understanding of the lifespan development of human memory. Topics include the childhood and adulthood development of working memory, episodic and autobiographical memory, and prospective memory, as well as the breakdown of memory functions in Alzheimer's disease. Of particular interest is the rich diversity of approaches, methods, and theories. The book takes an interdisciplinary perspective, drawing on work from psychology, psychiatry, gerontology, and biochemistry.

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