

Go For The Goal: A Champion's Guide To Winning In Soccer And Life

Mia Hamm, Aaron Heifetz

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For the more than seven million girls—from knobby-kneed tykes to high school and college stars—who are tearing across the country chasing a soccer ball and dreams of glory, there is one name that eclipses all others, male or female: Mia Hamm. With her cheetahlike acceleration and lightning-bolt shot, Hamm broke nearly every record in her sport, while galvanizing a whole generation of fans and players.

Go for the Goal is not only the inspiring story of how a tiny suburban sprite became a global terror with a ball (and the world) at her feet—it's also a step-by-step or dribble-by-dribble guide for any kid with the all-American dream of making the team and becoming a champion.

Filled with personal anecdotes and fully illustrated with both action and instructional photographs, Go for the Goal shows readers exactly how to master the silky skills and techniques that made Hamm and her teammates the finest women's soccer team in the world.



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