



Memoirs of A Karate Fighter

Ralph Robb

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Memoirs of a Karate Fighter is a hard-hitting account of karate training during the 1980s in one of Europe's toughest dojos. In this gripping story, Ralph Robb gives an insight into the training methods and philosophy of the Wolverhampton YMCA karate club - which was once the top club in Britain. The YMCA won innumerable tournaments, and amongst its greatest achievements were two All-styles British Clubs championships, five UK Wado team titles and one Shotokan national team championship (1976 GB Shotokan Karate International). This book is as much about karate as it is about love, friendship, mental illness, the National Front ... and in the end, death. The author is a former Wado Ryu karate champion (UKKW 1982) and a European all-styles silver medallist.

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