



Unburdened: The Secret to Letting God Carry the Things That Weigh You Down

Chris Tiegreen

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In his Word, God promises us freedom from worry. Wouldn't it be nice if we actually believed him? What would happen if you took the concerns that grip you, that keep you awake at night, that clench your stomach in knots . . . and truly handed them over to his keeping?

Like no other writer can do, best-selling author Chris Tiegreen opens your eyes and heart to a better, more weightless way to live. *Unburdened* won't teach you how to avoid responsibility or hide from serious issues. Neither is it about how to escape and go live on a beach—though having a couple of palm trees around never hurts. It's about taking the burdens you currently carry and making them much, much lighter. It's about transferring the weight of your responsibilities from the weak shoulders of your flesh to the strong fingertips of God. It's about learning to live in deep-down, heart-level freedom. And no one who reads *Unburdened* will walk away unchanged.

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