

Boosting ALL Children's Social and Emotional Brain Power: Life Transforming Activities

Marie-Nathalie Beaudoin

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Proven, brain-based techniques that build social and emotional intelligence and problem-solving skills!

Because children's brains are still developing during the K–12 years, educators can positively influence students' development, including strengthening the essential skills of empathy, self-management and problem-solving. Written by a leading expert on children and brain development, this valuable resource offers:

- A research-based and realistic approach refined through ongoing work in public schools
- Lively, thought-provoking activities that relate to students' lives and keep them engaged and interested
- Brain-based classroom exercises grouped by age, but adaptable for all K-12 grade-levels
- Strategies that positively shape individual students' emotional development, classroom dynamics, and overall school culture



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