



The Happiness Choice: The Five Decisions That Will Take You From Where You Are to Where You Want to Be

Marilyn Tam

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Discover the path to a happy life, from a woman who overcame the odds and achieved a joyful life

Author Marilyn Tam takes what she learned from being an unwanted, neglected, and abused child in Hong Kong to become an international business success and humanitarian who is happy, healthy, and at peace with herself. In *The Happiness Choice*, she teaches readers how to live the life of their dreams. This book reveals the principles, tools, and philosophies she has used to achieve a balanced, healthy, and joyful life. People want contentment, love, and happiness from meaningful work, personal relationships, healthy mind and body, a spiritual core, and a reason for living. Tam details a path to get you there.

- Offers overall perspective, inspiration, and support to help people achieve their dreams
- Packed with personal stories and advice from Tam, celebrated entrepreneur and sought-after speaker and consultant, working globally with Fortune 500 companies, governments, and non-profit organizations

The Happiness Choice, is filled with stories, tips, and insights on how anyone can live the life they've dreamed of living—a happy, healthy, successful, and dynamically balanced life.

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From reader reviews:

Robert Stratton:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them family members or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or playing video games all day long. In order to try to find a new activity this is look different you can read a book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent the entire day to reading a publication. The book The Happiness Choice: The Five Decisions That Will Take You From Where You Are to Where You Want to Be it is rather good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. In case you did not have enough space bringing this book you can buy often the e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not to fund but this book features high quality.

Beverly Sands:

The reason? Because this The Happiness Choice: The Five Decisions That Will Take You From Where You Are to Where You Want to Be is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will surprise you with the secret the item inside. Reading this book adjacent to it was fantastic author who also write the book in such incredible way makes the content on the inside easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of benefits than the other book get such as help improving your talent and your critical thinking way. So , still want to hold off having that book? If I have been you I will go to the reserve store hurriedly.

Walter Rojas:

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Terrie Newlin:

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