



Parent As Coach : Helping Your Teen Build a Life of Confidence, Courage and Compassion

Diana Haskins

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Parent as Coach is the indispensable guide for Parents, Teenagers, and Adults who care. Diana Haskins brings coaching and parenting together in a thought-provoking yet practical handbook that points the way toward more harmonious parent-teen relationships. Haskins' insights as a parent and personal coach reveal what young people want from adults and how adults can mentor the next generation. Her *Seven Ways to Coach Your Teen* speak directly to teens' most pressing needs and parents' greatest challenges.

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