



# Mama Rock's Rules: Ten Lessons for Raising Ten (or less) Su

Rose Rock, Valerie Graham

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Rose Rock—child advocate, educator, and mother of ten-plus children, including comedian Chris Rock—shares her heartfelt and no-nonsense advice on parenting

Uber-mom Rose Rock raised ten children and seventeen foster children. She did it by never shying away from hard conversations and by not being afraid to present strong ideas about boundaries, discipline, choices, and consequences. In short, Rose Rock tells it like it is.

In Mama Rock's Rules, Rock shares the funny and highly practical lessons she learned both as a parent and an educator, while offering strategies for teaching children to be self-reliant. Her advice—delivered with a dose of wit and homespun humor—will inspire you to teach your kids right, whether your brood is one child or ten.



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