

Veggie Burgers Every Which Way: Fresh, Flavorful and Healthy Vegan and Vegetarian Burgers-Plus Toppings, Sides, Buns and More

Lukas Volger



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Veggie Burgers Every Which Way: Fresh, Flavorful and Healthy Vegan and Vegetarian Burgers-Plus Toppings, Sides, Buns and More Lukas Volger Tasty, Exciting, Inexpensive—Veggie Burgers Every Which Way!

Whether you already subsist on veggie burgers, enjoy them occasionally, or ardently wish there was an alternative to the rubbery, over-processed frozen burgers sold in cardboard boxes, *Veggie Burgers Every Which Way* is the book for you—one you'll want to cook from over and over again.

Author Lukas Volger, who has been making and eating veggie burgers since he was a teenager, has assembled more than thirty unique, delicious veggie burger recipes, including:

- Red Lentil and Celery Root Burgers
- Tofu and Chard Burgers
- Baked Falafel Burgers
- Thai Carrot Burgers
- Sweet Potato Burgers with Lentils and Kale
- Corn Burgers with Sun-Dried Tomatoes and Goat Cheese

More than half the burger recipes are vegan and/or gluten-free, as are many of the extras, which include buns, sides, toppings, and condiments. Everyday ingredients ensure that all the burgers and extras are a breeze to assemble. The wide variety of tastes and flavors will excite every palate and suit every craving and occasion. And dozens of mouthwatering photographs leave no doubt that great-tasting veggie burgers can look spectacular, too!

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