



# **Cómo cura el agua de mar (MANUALES INTEGRAL) (Spanish Edition)**

*Cecilia Nova*

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## **Beber agua marina para tratar insomnio, dermatitis y otras dolencias**

El agua marina tiene un gran potencial para restaurar la salud, ya que es una fuente de minerales y elementos esenciales para el equilibrio del organismo. De hecho, los beneficios del mar eran conocidos desde la Antigüedad.

Pero el gran impulso en la terapia marina lo dio René Quinton, que consiguió curar muchas enfermedades gracias al agua de mar. Actualmente su técnica, que incluye beber agua marina en determinadas cantidades y condiciones, es usada por muchos médicos con resultados excelentes. Consiguen así tratar multitud de enfermedades: problemas alérgicos, insomnio, dolores musculares y articulares, enfermedades cardíacas, gastritis, y dermatitis entre otras.

En este libro encontrará:

- Información sobre las propiedades del agua marina.
- Un listado de las dolencias que pueden tratarse con esta técnica.
- Consejos sobre tratamientos posibles para sanar y mejorar ciertas dolencias.

## **Cecilia Nova**

Periodista especializada en temas de medicina no convencional y salud ambiental.

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