

# A Child's Brain: Understanding How the Brain Works, Develops, and Changes During the Critical Stages of Childhood

Robert Sylwester

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With *A Child's Brain* you can learn how a child's brain works, develops, and changes during the critical stages of childhood. Robert Sylwester, author of twenty books, has written this latest book to help parents and educators understand children's cognitive development and provide suggestions on how to nurture children to their full potential. *A Child's Brain* is a rich resource that:

- Examines the neurobiology of childhood, explaining the body and brain systems that develop during pregnancy, infancy, and childhood
- Explores factors that can enhance or delay development, such as nutrition, family life, relationships, illness, intelligence, technology, creativity, and the arts
- Provides practical suggestions to help adults promote healthy development and successful learning in the children they encounter at home, at school, and everywhere else
- Includes a glossary of neurobiological terms
- And covers much more!

A Child's Brain helps parents and educators understand the biological, emotional, and neurological changes that occur during childhood so they can support children's learning, socialization, and growth.



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