

# **Becoming Who God Wants You to Be: 60 Meditations for Personal Spiritual Direction**

W. Paul Jones



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For those who do not have a spiritual director—or are curious about the concept—W. Paul Jones has crafted a series of topical meditations that facilitate self-guided spiritual direction. In this refreshing approach to the means of spiritual growth, you will explore self-guided spiritual direction with the ultimate spiritual director—The Holy Spirit. Examine your inner thoughts, truths, difficulties, and triumphs through reflection questions at the end of each chapter that prompt introspection and ultimately direction in your spiritual life.

#### **Chapter Topics Include:**

- Abandonment
- Being Second
- Covenant
- Envy
- Prayer
- Religion

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