



# Strengths-Based Batterer Intervention: A New Paradigm in Ending Family Violence

*Catherine, Dr., PhD Simmons*

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"This book harkens a new era of intimate partner violence intervention, one in which we are free to experiment with alternative ways to end intimate partner abuse."

-Julia C. Babcock, PhD  
Professor, University of Houston, TX (From the Foreword)

"The book you hold in your hands offers a variety of approaches intended to help abusive men change by utilizing the strengths and assets they already possess."

-**Chris Huffine**, PsyD  
Clinical Director  
Allies in Change Counseling Center  
Portland, OR (From the Foreword)

Strengths-based batterer intervention programs serve as a unique approach to intimate partner violence (IPV), building on individual strengths-not deficits-to help IPV offenders end their abusive lifestyles. This book assists counselors in providing IPV offenders with the skills, knowledge, and resources they need to permanently change their offending behavior.

The book discusses emerging theories and presents cutting-edge batterer intervention techniques that use positive psychology, such as solution-focused therapy, strengths-focused cognitive behavioral therapy, narrative therapy, and motivational interviewing.

## **Key Features:**

Counselor tools, including exercises, questions, and assessment strategies that build on the offenders' strengths and competencies  
Family violence professionals must recognize the power their clients have to utilize their strengths, skills, talents, desires, and dreams. It is from these strengths that clients will be able to transform themselves into the people they want to be.

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